



Improving the quality of life in southern New Jersey through transportation solutions.

Carpooling ▪ Vanpooling ▪ Mass Transit ▪ Telecommuting ▪ Flex Scheduling ▪ Walk & Bike to Work

THE DELAWARE VALLEY AIR QUALITY PARTNERSHIP

The Air Quality Partnership is a network of environmentally conscious employers and individuals working to improve air quality in the Delaware Valley. Air Quality Action Advisories are sent out via e-mail when ground level ozone and/or particle pollution levels are forecasted to be unhealthy. These advisories are not only a health warning, but a reminder to initiate actions that help reduce further air pollution. Cross County Connection is proud to be part of the Air Quality Partnership and encourages you to sign up for Air Quality Alerts and to do your part to protect our environment and your health.

Cross County Connection encourages you to safeguard your health by keeping informed and taking action when Air Quality is forecast to be unhealthy for sensitive groups or worse. To keep informed of Air Quality forecasts, we encourage you to sign up with EnviroFlash to receive Air Quality Alerts via e-mail. When an Action Day is called, take precautions to protect your health and reduce polluting activities by using the following tips to do your part to reduce air pollution.

TIPS TO REDUCE AIR POLLUTION

Help reduce air pollution on advisory days by taking action!

In the summer when ozone levels are highest you can:

- Take Transit: ride the bus, train or subway to work
- Rideshare: join a carpool or vanpool
- Telecommute: work from home and spend your extra commute hours with your family
- Link trips: do all errands at one time, avoiding unnecessary cold starts. An engine that's been sitting for an hour or more pollutes five times as much as a warm one.
- Refuel at the end of the day. Ozone levels are usually at their highest in the mid- to late afternoon, and pumping gas emits roughly five tons a day of pollution into the air. So, save your pumping until evening.
- Don't "top off" your fuel tank. This is never a good idea, no matter what time of day. Spillage adds about two tons of pollution a day to our air.
- Turn off your engine when you stop your car for a minute or more.
- Postpone mowing the lawn until late in the day or use a manual or electric mower instead. (And remember to refuel mowers and other gasoline-powered tools after dusk too.)
- Start your barbecue with an electric probe, charcoal "chimney" or use a gas grill. Charcoal lighter fluid vaporizes quickly and adds to air pollution.
- Use latex paints, rather than oil-based, and avoid daytime use of pollutants.



For more information about particle pollution, ground level ozone, their health effects, and ways to help reduce emissions, refer to Cross County Connection's online air quality resources at www.driveless.com. It all adds up to cleaner air!

ENVIROFLASH FACT SHEET

What is EnviroFlash?

EnviroFlash is a system that sends e-mails about your daily air quality forecast. The message is the same air quality information that the local radio or television stations provide, plus suggested safety measures when levels are unhealthy. This service is provided by your state or local environmental agency and the US Environmental Protection Agency.

Why is EnviroFlash important?

Exposure to high levels of air pollution can aggravate heart disease, asthma and other respiratory diseases. By being aware of the air quality levels, you can take precautions to protect your family.

How does EnviroFlash work?

Air quality monitors located all over the United States take in information that is used to calculate the current Air Quality Index value. State and local environmental agencies then issue air quality forecasts based on measured air quality and weather information. The forecast is then provided to local radio and television stations, posted online and sent out through EnviroFlash.

For additional information or to sign up, visit:

www.enviroflash.info

www.driveless.com

AIR QUALITY INDEX

Good 0-50	Air quality is considered satisfactory, and air pollution poses little or no risk.
Moderate 51-100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
Unhealthy for Sensitive Groups 101-150	Members of sensitive groups* may experience health effects. The general public is not likely to be affected.
Unhealthy 151-200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
Very Unhealthy 201-300	Health alert: everyone may experience more serious health effects.
Hazardous 301-500	Health warnings of emergency conditions. The entire population is more than likely to be affected.

* Sensitive groups include active adults, people with heart or lung disease (including asthma), older adults and children.

